



Pharmacy Benefits. *Managed.*

# Preventative Wellness Medication List

26711 Northwestern Highway, Suite 400 :: Southfield, MI 48033-2154 :: 800-311-3446 :: 248-948-9900 :: www.ehimrx.com

EHIM believes in the overall wellness of our members by way of prevention. In addition to a healthy lifestyle, certain medication can help patients avoid many illnesses and conditions. The medication list below is not all inclusive, but does contain many options for chronic conditions, such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, and heart disease. This list provides examples of your preventive medication by drug category/therapeutic classification. Any medication may be added to or removed from the list as determined by EHIMs clinical team.

BLOOD PRESSURE	
Generic	Brand
<b>ACE Inhibitors</b>	
Quinapril Tab	Accupril Tab
Perindopril Tab	Aceon Tab
Ramipril Cap	Altace Cap
Captopril	Capoten
Benazepril Tab	Lotensin Tab
Trandolapril Tab	Mavik Tab
Fosinopril	Monopril HCT
Lisinopril Tab	Prinivil Tab, Zestril Tab
Moexipril Tab	Univasc Tab
Enalapril Tab	Vasotec Tab
<b>Angiotensin Receptor Blockers</b>	
Candesartan Tab	Atacand Tab
Irbesartan Tab	Avapro Tab
Omlsartan Tab	Benicar Tab
Losartan Tab	Cozaar Tab
Valsartan Tab	Diovan Tab
Azilsartan Tab	Edarbi Tab
Telmisartan Tab	Micardis Tab
Eprosartan Tab	Teveten Tab
<b>Antiarrhythmics</b>	
Amiodarone Tab	Cordarone, Pacerone Tab
Dronedarone Tab	Multaq Tab
Amiodarone Tab	Pacerone Tab
Dofetilide Cap	Tikosyn Cap
<b>Antihypertensive Combinations</b>	
Quinapril-HCTZ Tab	Accuretic Tab
Aliskiren-Amlodipine-HCTZ Tab	Amturnde Tab
Candesartan-HCTZ Tab	Atacand HCT Tab
Irbesartan-HCTZ Tab	Avalide Tab
Amlodipine-Olmesartan Tab	Azor Tab
Omlsartan-HCTZ Tab	Benicar HCT Tab
Captopril-HCTZ	Capozide
Clonidine Tab	Catapres Tab
Clonidine Transdermal Patch	Catapres Transdermal Patch
Clonidine-Chlorthalidone Tab	Clorpres Tab
Nadalol-Bendroflumethiazide Tab	Corzide Tab
Valsartan-HCTZ Tab	Diovan HCT Tab
Metoprolol-HCTZ Tab ER 24HR	Dutoprol Tab
Azilsartan-Chlorthalidone Tab	Edarbyclor Tab

BLOOD PRESSURE CONTINUED	
Azilsartan-Chlorthalidone Tab	Edarbyclor Tab
Amlodipine-Valsartan-HCTZ Tab	Exforge HCT Tab
Amlodipine-Valsartan Tab	Exforge Tab
Losartan-HCTZ Tab	Hyzaar Tab
Metoprolol-HCTZ Tab	Lopressor HCT Tab
Benazepril-Hydrochlorothiazide Tab	Lotensin HCT Tab
Amlodipine-Benazepril Cap	Lotrel Cap
Telmisartan-HCTZ Tab	Micardis HCT Tab
Amiloride-HCTZ	Moduretic
Perindopril-Amlodipine Tab	Prestalia Tab
Trandolapril-Verapamil Tab ER	Tarka Tab
Aliskiren-Amlodipine Tab	Tekamlo Tab
Aliskiren-HCTZ Tab	Tekturna HCT Tab
Guanfacine Tab	Tenex Tab
Atenolol-Chlorthalidone Tab	Tenoretic Tab
Eprosartan-HCTZ Tab	Teveten HCT Tab
Olmesartan-Amlodipine-HCTZ Tab	Tribenzor Tab
Telmisartan-Amlodipine Tab	Twynsta Tab
Moexipril-HCTZ Tab	Uniretic Tab
Enalapril-HCTZ Tab	Vaseretic Tab
Lisinopril-HCTZ Tab	Zestoretic Tab
Bisoprolol-HCTZ Tab	Ziac Tab
<b>Beta Blockers</b>	
Nebivolol Tab	Bystolic Tab
Carvedilol Cap ER 24HR	Coreg CR Cap
Carvedilol Tab	Coreg Tab
Nadolol Tab	Corgard Tab
Propranolol Cap ER	Inderal LA Cap
Penbutolol Tab	Levatol Tab
Metoprolol Tartrate Tab	Lopressor Tab
Acebutolol Cap	Sectral Cap
Sotalol Tab	Sorine/Betapace Tab
Atenolol Tab	Tenormin Tab
Metoprolol Succinate ER Tab 24HR	Toprol XL
Bisoprolol	Zebeta
<b>Blood Pressure Combination</b>	
Isosorbide Dinitrate-Hydralazine Tab	Bidil Tab
Amlodipine-Atorvastatin Tab	Caduet Tab
<b>Calcium Channel Blockers</b>	
Diltiazem Coated Bead Cap ER 24HR	Cardizem Cap
Nifedipine Tab ER	Adalat CC Tab



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## BLOOD PRESSURE CONTINUED

Verapamil Tab ER	Calan SR Tab
Verapamil Tab	Calan Tab
Nicardipine Cap ER	Cardene SR Cap
Diltiazem Coated Bead Cap ER 24HR	Cardizem Cap/Cartia XT Cap
Diltiazem Coated Bead Tab ER 24HR	Cardizem LA Tab
Diltiazem Tab	Cardizem Tab
Diltiazem Cap ER 24HR	Dilt-XR Cap
Amlodipine Tab	Norvasc Tab
Felodipine	Plendil
Nifedipine Cap	Procardia Cap
Nifedipine Tab ER Osmotic Release	Procardia XL Tab
Nifedipine Tab ER Osmotic Release	Procardia XL/Nifedical XL Tab
Nisoldipine Tab ER	Sular Tab
Diltiazem Coated Bead Cap ER 24HR	Tiazac Cap
Diltiazem Coated Bead Cap ER 24HR	Tiazac Cap/Taztia TX Cap
Verapamil Hcl Cap ER 24HR	Verelan Cap
Verapamil Hcl Cap ER 24HR	Verelan PM Cap

## Diuretic Combinations

Spironolactone-HCTZ	Aldactazide Tab
Triamterene-HCTZ Cap	Dyazide Cap
Triamterene-HCTZ Tab	Maxide Tab

## Diuretics

Spironolactone Tab	Aldactone Tab
Bumetanide Tab	Bumex Tab
Torsemide Tab	Demadex Tab
Acetazolamide Caps	Diamox Sequels
Acetazolamide Tabs	Diamox Tab
Chlorothiazide Suspension	Diuril Suspension
Triamterene Cap	Dyrenium Cap
Ethacrynic Acid Tab	Edecrin Tab
Chlorthalidone	Hygroton
Eplerenone	Inspra
Furosemide Tab	Lasix Tab
Indapamide	Lozol
Hydrochlorothiazide Cap	Microzide Cap
Methazolamide Tab	Naptazane Tab
Metolazone Tab	Zaroxolyn Tab

## CHOLESTEROL

Generic	Brand
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## Anti-Cholesterol

Ezetimibe Tab	Zetia Tab
Niacin Tab ER	Niaspan Tab ER

## Bile Acid Sequestrants

Colestipol Granules	Colestid Granules
Colestipol Packet	Colestid Packet

## CHOLESTEROL CONTINUED

Colestipol Tab	Colestid Tab
Cholestyramine Powder	Prevalite Oral Powder
Colesevelam Packet	Welchol Packet
Colesevelam Tab	Welchol Tab

## Cholesterol Combinations

Ezetimibe-Simvastatin Tab	Vytorin Tab
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## Fibric Acid Derivatives Continued

Fenofibrate Micronized Cap	Antara Cap
Fenofibric Acid Tab	Fibricor Tab
Fenofibrate Cap	Lipofen Cap
Fenofibrate Micronized Cap	Lofibra Cap
Fenofibrate Tab	Lofibra Tab /Triglide Tab
Gemfibrozil Tab	Lopid Tab
Fenofibrate Tab	Tricor Tab
Fenofibric Acid Cap DR	Trilipix Cap

## Statins

Lovastatin Tab ER 24HR	Altoprev Tab
Rosuvastatin Tab	Crestor Tab
Fluvastatin Cap	Lescol Cap
Fluvastatin ER 24 HR Tab	Lescol XL Tab
Atorvastatin Tab	Lipitor Tab
Pravastatin Tab	Pravachol Tab
Simvastatin Tab	Zocor Tab

## DIABETES

Generic	Brand
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## Alpha-Glucosidase Inhibitors

Miglitol Tab	Glyset Tab
Acarbose Tabs	Precose Tab

## Anti-Diabetic Combinations

Pioglitazone-Metformin Tab	Actoplus Met Tab
Pioglitazone-Metformin Tab ER 24HR	Actoplus Met XR Tab
Rosiglitazone-Metformin Tab	Avandamet Tab
Rosiglitazone-Glimepiride Tab	Avandaryl Tab
Pioglitazone-Glimepiride Tab	Duetact Tab
Glyburide-Metformin Tab	Glucovance Tab
Empagliflozin-Linagliptin Tab	Glyxambi Tab
Canagliflozin-Metformin Tab	Invokamet Tab
Sitagliptin-Metformin Tab	Janumet Tab
Sitagliptin-Metformin Tab ER 24HR	Janumet XR Tab
Linagliptin-Metformin Tab	Jentadueto Tab
Alogliptin-Metformin Tab	Kazano Tab
Saxagliptin-Metformin Tab ER 24HR	Kombiglyze XR Tab
Glipizide-Metformin	Megtaglip
Alogliptin-Pioglitazone Tab	Oseni Tab
Repaglinide-Metformin HCL Tab	PrandiMet Tab
Empagliflozin-Metformin Tab	Synjardy Tab



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DIABETES CONTINUED	
Dapagliflozin-Metformin Tab ER 24HR	Xigduo XR Tab
Biguanides	
Metformin ER 24HR Tabs	Glucophage XR Tabs
Metformin Solution	Riomet Solution
Metformin Tab	Glucophage Tab
Metformin Tab ER 24HR	Glucophage XR Tab
DPP-4 Inhibitors	
Sitagliptin Tab	Januvia Tab
Alogliptin Tab	Nesina Tab
Saxagliptin Tab	Onglyza Tab
Linagliptin Tab	Tradjenta Tab
Insulin	
Insulin Lispro	Admelog
Insulin Glulisine	Apidra Injection Solution
Insulin Glulisine	Apidra SoloStar Pen
Insulin Glulisine	Basaglar
Insulin Aspart	Fiasp Flextouch; Novolog FlexPen
Insulin Aspart	Fiasp/Novolog Pen
Insulin Aspart	Fiasp/Novolog Subcutaneous Solution
Insulin Lispro Prot & Lispro	Humalog KwikPen Pen
Insulin Lispro Prot & Lispro	Humalog Mix 50/50 KwikPen
Insulin Lispro Prot & Lispro	Humalog Mix 50/50 Suspension
Insulin Lispro Prot & Lispro	Humalog Mix 75/25 KwikPen
Insulin Lispro Prot & Lispro	Humalog Mix 75/25 Suspension
Insulin Lispro	Humalog/Admelog Solution
Insulin NPH & Regular	Humulin 70/30 KwikPen Pen
Insulin NPH	Humulin N KwikPen Pen
Insulin NPH	Humulin N Suspension
Insulin Regular (Human)	Humulin R U-500 Solution
Insulin NPH Isophane & Regular Human	Humulin/Novolin 70/30 Suspension
Insulin Glargine	Lantus Solostar/Basaglar KwikPen
Insulin Glargine	Lantus Subcutaneous Solution
Insulin Detemir	Levemir Flextouch Pen
Insulin Detemir	Levemir Subcutaneous Solution
Insulin Regular (Human)	Novolin R/Humulin R Solution
Insulin Prot & Aspart	Novolog Mix 70/30 Pen
Insulin Prot & Aspart	Novolog Mix 70/30 Suspension
Insulin Glargine	Toujeo SoloStar Pen
Insulin Degludec	Tresiba Flextouch Pen
Meglitinides	
Repaglinide Tab	Prandin Tab
Nateglinide Tab	Starlix Tab
SGLT2 Inhibitors	
Dapagliflozin Tab	Farxiga Tab
Canagliflozin Tab	Invokana Tab
Empagliflozin Tab	Jardiance Tab

Sulfonylureas	
DIABETES CONTINUED	
Glimepiride Tab	Amaryl Tab
Glyburide Tab	Diabeta Tab
Glipizide Tab	Glucotrol Tab
Glipizide ER 24HR Tab	Glucotrol XL Tab
Glyburide Micronized Tab	Glynase Tab
TZDs	
Pioglitazone Tab	Actos Tab
Rosiglitazone Tab	Avandia Tab
HEART	
Generic	Brand
Anticoagulants	
Aspirin-Dipyridamole Cap ER 12HR	Aggrenox Cap
Ticagrelor Tab	Brilinta Tab
Warfarin Tab	Coumadin/Jantoven Tab
Aspirin Cap	Durlaze Cap
Pasugrel Tab	Effient Tab
Dipyridamole Tab	Persantine Tab
Clopidogrel Tab	Plavix Tab
Edoxaban Tab	Savaysa Tab
Rivaroxaban Tab	Xarelto Tab
	Xarelto Tab Starter Pack
Vorapaxar Tab	Zontivity Tab
Cardiovascular Agents	
Doxazosin Tab	Cardura Tab
Doxazosin Mesylate Tab ER 24HR	Cardura XL Tab
Digoxin Tab	Digitek/Lanoxin/Digox Tab
Isosorbide Dinitrate Cap ER	Diltrate-SR Cap
Isosorbide Mononitrate Tab ER 24HR	Imdur Tab ER
Isosorbide Dinitrate Tab	Isordil Titradoso Tab
Potassium Chloride Oral Solution	K-Sol Oral Solution
Potassium Chloride Tab ER	K-Tab Tab ER
Potassium Chloride Oral Packet	Klor-Con Oral Packet
Potassium Chloride Crystals Tab ER	Klor-Con Tab
Digoxin Tab	Lanoxin Tab
Potassium Chloride Cap ER	Micro-K Cap; Klor-Con Sprinkle Cap
Prazosin Cap	Minipress Cap
Nitroglycerin Ointment	Nitro-Bid Transdermal Ointment
Nitroglycerin Transdermal Patch	Nitro-Dur Transdermal Patch
Nitroglycerin Cap ER	Nitro-Time Cap
Nitroglycerin Translingual Solution	Nitrolingual Translingual Solution
Nitroglycerin Translingual Aerosol	NitroMist Translingual Aersol
Nitroglycerin Sublingual Tab	Nitrostat Sublingual Tab
Disopyramide Cap	Norpace Cap



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## HEART CONTINUED

Disopyramide Cap ER 12HR	Norpace CR Cap
Propafenone Cap 12HR	Rythmol SR Cap
Propafenone Tab	Rythmol Tab

## OSTEOPOROSIS

Generic	Brand
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### Bisphosphonates

Risedronate Sodium Tabs	Actonel; Atelvia
Risedronate Sodium Tabs Delayed	Atelvia Tab Delayed Release
Ibandronates	Boniva
Alendronate Tab	Fosamax

### Receptor Modulators

Raloxifene Tab	Evista Tab
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## RESPIRATORY

Generic	Brand
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### Anti-Asthmatic Combinations

Fluticasone-Salmeterol Powder BA	Advair Diskus Powder BA
Fluticasone-Salmeterol HFA	Advair HFA
Fluticasone-Salmeterol	AirDuo
Umeclidinium-Vilanterol	Anoro Ellipta
Fluticasone-Vilanterol	Breo Ellipta
Ipratropium-Albuterol	Combivent Respimat
Budesonide-Formoterol	Symbicort
Fluticasone-Salmeterol	Wixela

### Bronchodilator Agents

Ipratropium Inhalation Solution	Atrovent HFA Inhalation Solution
Incruse Ellipta	Umeclidinium
Umeclidinium	Spiriva Handihaler
Tiotropium Inhalation Cap	Spiriva Respimat Inhalation Aerosol
Tiotropium Inhalation Solution	Spiriva Respimat Inhalation Aerosol

### Leukotrienes

Zafirlukast Tab	Accolate Tab
Montelukast Granules	Singulair Granules Packet
Montelukast Tab	Singulair Tab
Montelukast Tab Chewable	Singulair Tab Chewable

## RESPIRATORY CONTINUED

### Steroid Inhalants

Flunisolide Inhalation	Aerospan
Ciclesonide Inhalation Aerosol	Alvesco
Fluticasone Furoate	Arnuity Ellipta
Mometasone Furoate	Asmanex HFA
Mometasone Furoate	Asmanex Metered Doses
Fluticasone Powder BA	Flovent Diskus
Fluticasone HFA	Flovent HFA
Budesonide	Pulmicort Flexhaler
Budesonide Inhalation Suspension	Pulmicort Nebulizer Solution
Beclomethasone	Qvar

### Sympathomimetics

Arformoterol Nebulizer Solution	Brovana Nebulizer Solution
Theophylline Elixir	Elixophyllin Elixir
Formoterol Fumarate	Foradil Aerolizer
Formoterol Fumarate Solution	Perforomist Nebulizer Solution
Albuterol Inhaler	Proair Respiclick
Albuterol Inhaler	Proair, Ventolin, Proventil HFA
Albuterol Tabs	Proventil Repetabs
Salmeterol Aerosol Powder	Serevent Diskus
Theophylline Cap ER 24HR	Theo-24 Cap ER 24HR
Theophylline Tab ER 12HR	Theochron Tab ER
Albuterol Nebulizer Solution	Ventolin Nebulizer Solution
Albuterol Syrup	Ventolin Syrup
Albuterol Tabs ER	Volmax, Vospire ER

Some strengths, dosage forms or compounded versions of medications may not be considered preventive or may not be covered under the prescription drug benefit. Requirements such as generics first, step therapy, prior authorization, and quantity limitations may apply. Also, certain preventive medications that are covered under the Affordable Care Act (ACA) are not subject to the deductible. Please consult your summary of plan benefits for more information, as well as applicable drug tier, copays, and coinsurance. Any medication on this list may be subject to change.

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